

T: What is cyberbullying?



What Do We Know?

What is bullying?

Your answers might also include examples of types of bullying. What is cyberbullying?

What Do We Know?

So, what is bullying?

Bullying is unwanted, aggressive or unpleasant behaviour towards someone which causes them any kind of harm. Usually, the behaviour is repeated over time, without provocation.

Which types of bullying might happen in person?



Verbal bullying This could be teasing, name-calling, making inappropriate comments, taunting or threatening to hurt someone.



Social bullying People not to be friends with the victim, spreading rumours, embarrassing someone in public on purpose.



Physical bullying

Sometimes the most obvious kind of bullying, this could be: hitting; kicking; pinching; spitting; tripping or pushing; breaking someone's belongings; making rude gestures.

Cyberbullying

What is cyberbullying?

One definition of **cyberbullying** is:



the use of **electronic** communication to bully a person, typically by sending messages of an intimidating or threatening nature.

Can you think of any other examples of cyberbullying?

On which websites or platforms could you witness or experience cyberbullying?



Bullying vs Cyberbullying

What similarities and differences are there?



TASK

Choose <u>three</u> of the different scenarios in the slides below. What guidance would you give to these pupils? How would you help them?

You can complete your work in your book, on paper, on a word document or on a PowerPoint. Remember you can send your work to <u>year6@sfxcps.co.uk</u>

Tom has a social media profile, and likes to post photographs of his hobbies. Some children at his school have started to comment underneath the photos using rude language and making nasty remarks. Tom's parents don't use social media and don't understand when he tries to explain.

What should Tom do?

- He could tell an adult whom he trusts.
- He could report the comments anonymously on the site himself.
- He could report the bullies to school so that they can deal with those involved.
- He could block the bullies on the site.



Is there anything you think that Tom should definitely **not** do?

Ellie plays video games at home over the internet, using her games console and a headset. She plays with some of her classmates, but there are other players in the game who use very inappropriate language and make her feel uncomfortable.

What should she do?

- She could tell an adult whom she trusts.
- She could ask the players to stop using the language, and if they don't, she could report the players to the game administrators, who will punish them or stop them from playing.
- She could ask her friends to play without the bullies or to play a different game.



Is there anything you think that Ellie should definitely **not** do?

Some boys in another class have been making fun of Jamie: they have teased him at break times but he usually avoids them and stays with his friends. He has discovered that one of the boys has make a fake profile on a social media site pretending to be him. The profile has lots of pictures of Jamie and fake posts which make it look like Jamie has said horrible things.

What should Jamie do?

- He could tell an adult whom he trusts so that they can request that it is removed.
- He could report it anonymously on the site himself.
- He could report it to school so that they can deal with the boy who made it.



Is there anything you think that Jamie should definitely **not** do?

Zara has received a group message which makes fun of her friend. Lots of other people are involved in the group chat and are commenting on the way that her friend looks and dresses. At first, Zara joined in but now the texts are becoming really mean.

What should she do?

- She could show the texts to an adult, even if she thinks that she might get in trouble for joining in.
- She could remove herself from the chat so that the bullies have one fewer person to reach.
- If they go to the same school, she could report it to a teacher.



Some people at Lizzy's school took a picture of her and posted them online with a nasty caption underneath. She has no idea who took the picture or who posted it first. Lizzy has seen that the picture has been shared by people at another school too.

What should Lizzy do?

- Lizzy could anonymously report the original post to the site it was posted on.
- Lizzy could tell an adult whom she trusts.
- Lizzy could report it to her school, who would be able to contact the school of the other children involved.

Should Lizzy report this to

the police?

Kareem has received texts from a number that he does not know. The texts say that someone knows where he lives and is threatening to hurt him. He has shown his friends and they do not know who the number belongs to, either.



SA

Do you think that cyberbullying is as harmful as bullying someone in person? Give a reason for your answer.



Remember that there is always something you can do to help if you are worried about anyone, including yourself, online.

